

Location specific protection and hygiene requirements for visitors of the English Ballet School Neumarkt and Kelheim

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1. General instructions for conduct

- ✓ Distance regulation: **at least 1.5m distance** to other persons
- ✓ **Masks to be worn over 6 years of age:** Visitors must wear masks in all areas and when crossing rooms and corridors. A suitable mouth-and-nose protection must always be worn outside of lessons or when practising a sporting activity.
- ✓ **Maximum 1 person** at a time in the sanitary area/WC facilities.
- ✓ Follow the **sneezing** etiquette.
- ✓ **Do not shake hands or make physical contact when greeting.**
- ✓ **Hand disinfection/hygiene-** Everyone must wash and/or disinfect hands.
- ✓ Visitors are documented; the time of entering and leaving the ballet studio. Therefore, it makes sense to allow **only pupils to enter the school**
- ✓ Ballet barres etc. must be disinfected after use by the user.
- ✓ Sport equipment must be brought along.
- ✓ Each Grade must bring their own teaching utensils. These are the Utensils that were used at home during zoom lessons. For example: scarf, sword, fan, small cushion for splits etc.

2. Organisational matters

- There is this **location- and sport-specific hygiene concept** that can be viewed at any time.
- I have been informed of general and specific protection and hygiene regulations. The HACCP concept is adapted accordingly. The implementation is documented.
- In case of **non-compliance with the protection and hygiene rules**, which should be consistently respected. Operators **may take appropriate measures** and ask you to leave.
- Group-related classes that exceed 60 minutes will have a break after 60 minutes.
- Participants attending classes remain in their allocated "Island" are always taught by the same teacher. The training areas are indicated by floor markings and must be observed.
- Visitors must wash and/or disinfect their hands after entering the English Ballet School.
- **Changing rooms remain closed.**
- Students attend lessons already dressed in training clothes. The ballet shoes/overshoes can be taken off in the entrance area and the shoes can be stowed in the large bag brought along.
- Members are asked to bring their own towel (recommended minimum size 40x90 cm) and drinking bottle. It is recommended to wash the leotard & skirt (etc.) after training.
- **Lesson times have been adjusted to implement all hygiene measures: Please see the new timetable.** These can be adjusted according to circumstances.

3. General safety and hygiene rules

- Compliance with the minimum distance rule of 1.5 metres between persons, including in sanitary facilities, and when entering and leaving the English Ballet School. The number of participants has been limited accordingly.
- **Exclusion of persons:**
 - Contact to COVID-19 cases in the last 14 days
 - Persons with unspecific general and respiratory symptoms of any degree of severity
- Members will be informed in advance about exclusion criteria. Should members of the Ballet School develop symptoms during their stay, they must leave the Ballet School immediately.
- Sufficient hygiene facilities, liquid soap, hand disinfectant and disposable towels will be provided. These are designated in "disinfection stations" in the ballet studio.
- Cleaning concept according to HACCP (especially of contact surfaces such as door handles, training surfaces) and ventilation concept are implemented and controlled.
- Ventilation concept: Ensuring a regular exchange of air and operation of the ventilation system (with filters).
- The **doors** between the training areas remain open as much as possible to minimise contact surfaces and to ensure air exchange.

4. Implementation of protective measures: Before entering the English Ballet School

- **In the presence of symptoms of an acute respiratory illness of any degree of severity or of fever**, entry to the English Ballet School is **forbidden**, (personal health certificate will be required and signed from new students, visiting the school for the first time).
- Meeting the required social distancing rules and cleaning of hands with soap/water/disinfectant is a necessity.
- Non-compliance with the minimum distance rule is only permitted to members for whom have a relationship to each other, the general contact restriction does not apply (e.g. persons of one household).
- Attend with necessary utensils, own towel, own drinking bottle etc.
- check current contact information (name, address, phone number, etc) - for visitors is to be signed the 'personal health certificate' if received
- You agree to the "Location specific protection and hygiene requirements for visitors of the English Ballet School Neumarkt and Kelheim".



5. Implementation of the protection measures: Indoor

- Maximum occupancy is never exceeded and queues are avoided. In the unlikely event of members waiting, they will be directed to the outdoor waiting area.
- The upper limit of admissible persons depends on the concretely available room volumes and ventilation possibilities. These are marked in the entrances to the training rooms.
- Documentation with details of names, safe accessibility of a person per household and period of stay. Documentation is stored in compliance with DSGVO.
- - Consistent compliance with hygiene and disinfection measures.
- - All exercises are basically contactless, as rehearsed since April 1st.
- Changing rooms are closed. The WC facilities remain accessible and may only be used by one person at a time.
- Between different group-related training units/courses, the breaks are arranged in such a way that a complete exchange of fresh air can take place.

I am looking forward to seeing you again!



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